

Region Olancho

ProducerFarmers from COCAOL

Altitude 1.100 - 1.600 masl

Variety Various

Harvest Period Dec - April

> Processing Washed



HONDURAS WASHED ARABICA SHG EP ORGANIC

dark chocolate · molasses

Located in the very middle of Central America, Honduras is a country that shows off with its natural beauty. Endless forests meet lone roads cutting through. Some people even refer to Honduras as the "green lung" of Central America. Some of the lush mountain ranges are dedicated to the sweet and nutty Honduran coffees we have grown so fond of.

Honduras has six distinct coffee-producing regions. Agalta is one of them, which stretches across the northeast of the country, covering the departments of Olancho, Yoro, Atlántida, and Colón. It is right across Olancho, where the cooperative COCAOL is located. The cooperative was founded in November of 1969 by a group of producers seeking better infrastructure for their farms, better market channels, and access to financial sources.

Fifty years forward, the cooperative is working with farms in various towns, including Catacamas, Santa María del Real, Juticalpa, and La Unión. These farms are situated at altitudes ranging from 1,100 to 1,600 masl and have traditionally had varieties such as Bourbon, Caturra, and Typica. Coffee-leaf rust resistant varieties such as Parainema are also gaining popularity among farmers. Additionally, farmer members actively engage in preserving the ecosystems within the expansive forested areas of the region. Therefore, all their coffees are shade grown and the farms follow environmentally friendly practices. Additionally, the coop fosters women's participation in coffee farming, sponsors youth education, and offers training in agricultural best practices, health, and safety.

This coffee from COCAOL is Organic and SHG EP. SHG stands for "Strictly High Grown" which specifies that the coffee was grown at altitudes above 1,200 masl. EP stands for "European Preparation" with beans screening 15+ and with low defect tolerance.



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