



LIST + BEISLER

COSTA RICA

WASHED ARABICA
CENTRAL VALLEY
FLOR DE ITABO

Premium
Coffee
Culture

since 1901



Costa Rica

Region
Central Valley

Producer
Smallholders to medium-sized farmers
Local selection by List & Beisler

Altitude
1,350 - 1,600 masl.

Type / Variety
Arabica: Caturra, Catuai,
Villalobos, Villa Sarchi

Harvest Period
Nov – Mar

Classification
SHB EP

Processing
Washed

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The very origin of Costa Rica's coffee fame is the Central Valley. Located in the heart of this Latin American gem, the Central Valley is the most populated region, with the capital San José in the east. Two verdant mountain ranges border the valley, creating a unique microclimate with exceptional conditions for coffee cultivation. The four major volcanoes in the area, namely Poás, Barva, Irazú, and Turrialba, provide fertile soil, contributing valuable nutrition for the local vegetation. As a result, the area of the Central Valley shines with a green mix of agricultural lands and national parks.

Since the coffee region is at an altitude between 1,350 and 1,600 meters, the conditions for the growth of strictly hard beans (SHB) are given. Coffee beans cultivated above 1,350 meters are graded SHB and grow slower than in lower elevations. The slow growth leaves more time to build a stronger, harder bean, leading to more intense aromas and acidity.

The Central Valley Flor de Itabo coffee describes a unique SHB selection, carefully picked from this extraordinary area. We are proud to offer you this regional coffee that lets you explore the lush slopes of Costa Rica's Central Valley.

Pleasant Citric Acidity • Floral • Sweet
Slightly Fruity • Hints of Smooth Spices