

**Region** Marcala

**Producer** Café de Mujeres, Kolnáal

**Altitude** 1,500 - 1,800 masl.

**Variety** Typica, Bourbon, Caturra, Catuaí

Harvest Period
Dec - Mar

Processing Washed

## **HONDURAS WASHED ARABICA**SHG EP ORGANIC, CAFE DE MUJERES, KOLNÁAL

citric acidity • elegant • milk chocolate • blood orange

Located in the very middle of Central America, Honduras is a country that shows off with its natural beauty. Endless forests meet lone roads cutting through. Some people even refer to Honduras as the "green lung" of Central America.

In Marcala in the La Paz Region in southwestern Honduras, the Kolnáal Mujeres Cooperative emerged as an organization of Lenca women. The Lenca are the largest existing group of indigenous people in Honduras. The main objective of the cooperative is to create equal opportunities for the socio-economic, environmental, and cultural development of women.

Agriculture is one of the most significant sources of income in the region. However, women have minimal access to agricultural resources and suffer from the gender pay gap. Next to enabling women to actively participate in the coffee production, it is through Kolnáal's work that they can have access to the international market, allowing them to sell their products for fair prices. Thanks to the cooperative, many women, often single mothers, can provide for their families. During the harvest period, the women collect the ripe cherries manually and bring them to the local washing station. After being washed, the parchment is dried in the sun before being prepared for export.





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